



North Tyneside PE & School Sport Team
E-Bulletin 2021-2022

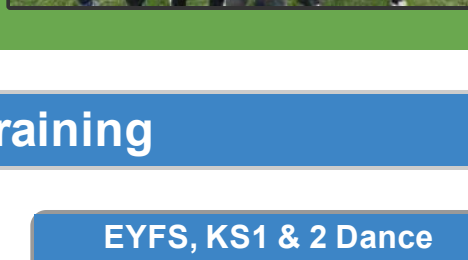
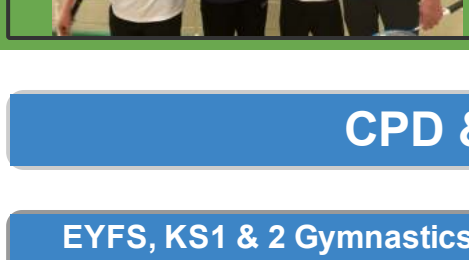
Wow, what a term!

We have thoroughly enjoyed how busy the Autumn term has been with lots more face to face delivery taking place. The team have hosted 18 events this half term which 2,090 young people have accessed and participated in. As well as this, there have been various tournaments and fixtures for middle & secondary schools in girls football, rugby, volleyball & netball to name just a few.

All of this could not have been possible without the support from groups of fantastic young leaders from various schools across the area. A huge thank you to them for all their efforts in making the events so successful. Another thank you goes to all of the staff who have supported the programme this term, it hasn't been without it's challenges but #TeamNT came together to once again provide great competition & physical activity opportunities.

We also hosted our first face to face PE Network again which was very well attended by our first, primary & special school colleagues. This provided support for curriculum development and facilitated cross school networking.

Read on to learn more about CPD & training opportunities next term.



CPD & Training

EYFS, KS1 & 2 Gymnastics

- When? Thursday 13th January
9:30-4pm

- Where? St Aidans RC Primary School
In this session the deliverer will be utilising the revised North Tyneside Gymnastics scheme of work

[Sign Up](#)

EYFS, KS1 & 2 Dance

- When? Monday 31st January
9-12pm EYFS/KS1
1-4pm KS2

- Where? Langdale Centre

[Sign Up](#)

Youth Sport Trust virtual CPD sessions

These are offered as part of the membership through the North Tyneside PE SLA

•Thursday 10th March 2022 3.30pm – 4.45pm
Positive experiences for all

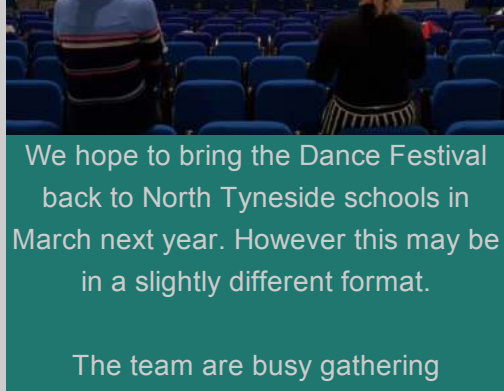
•Thursday 28th April 2022 3.30pm – 4.45pm
Education Inspection Framework

•Thursday 16th June 2022 3.30pm – 4.45pm
What does it feel like to be a pupil with SEND in our school?

If you or a member of staff in your school are interested in attending the above sessions, please contact rob.smith@northtyneside.gov.uk for the access links.

What else to look out for in the Spring term...

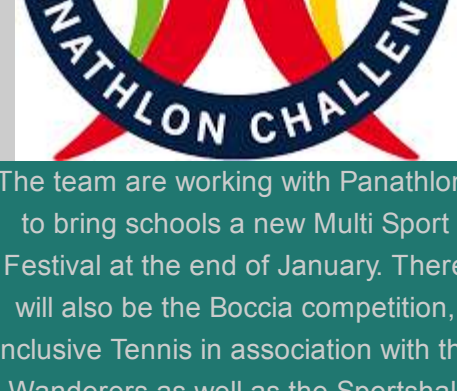
Return of the Dance Festival 2022!



We hope to bring the Dance Festival back to North Tyneside schools in March next year. However this may be in a slightly different format.

The team are busy gathering school expression's of interest and will share more details in the new year.

Inclusive & SEND Opportunities



The team are working with Panathlon, to bring schools a new Multi Sport Festival at the end of January. There will also be the Boccia competition, Inclusive Tennis in association with the Wanderers as well as the Sportshall Athletics Parallel Challenge.

All events will be continually reviewed, and schools will be kept up to date with any changes as we go forward into the new term. If any schools have any concerns, please do not hesitate to contact the team.



North Tyneside representation at National Cross Country Champs

Pupils and staff from Valley Gardens Middle School started the long journey down to the South West early on Friday 3rd December, following the junior boys and girls teams successful qualification for the National Cross Country Cup Finals a few weeks earlier.

After an overnight stay on the Friday evening, the team had a short journey to Tretherras School in Newquay, which was the venue for the Finals. The conditions weren't great, as 40 mph winds and frequent wintry showers made an appearance throughout the day.

The boys team raced first, but unfortunately one of the members got injured and had to withdraw from the run, meaning that only 3 runners completed the race and Valley Gardens didn't get a score as all 4 had to finish. Just before the girls took to the challenging course, a hail storm struck to ruin their warm up. The girls showed amazing grit and resilience with all 5 of them completing their run, finishing a respectable 24th out of 28 teams.



What a great achievement! Well done all! Story written by Mr Best.

#LETGIRLSPLAY

Biggest EVER football session | March 2022

By 2024, The FAs and Barclays ambition is for girls to have the same football opportunities as boys in schools and clubs. #LetGirlsPlay is a campaign to drive influence and change perceptions, showing that football can and should be played by girls. It is bringing together a growing community of people of all genders, ages and backgrounds who want to champion equal access for girls, helping create independent, resilient young girls who will be a force for good in all local communities.

Please watch out for more information in the new year on the biggest EVER football session for girls on Wednesday 9th March 2022!

Remember the Girls Football in Schools website has lots of other digital resources, ideas plus access to free teacher training and CPD, make sure you sign up and pledge your school support!

[Sign Up](#)



10 week free programme supporting families to make healthy lifestyle changes together



New programme starting January 2022

For children aged 4-7
Tuesdays @ The Lakeside Centre
4-5:30pm from 18th January

For children aged 8-13
Wednesdays @ The Parks 4:15-6:30pm from 19th January

These interactive sessions will be run each week by an expert and friendly team, focusing on nutritional advice and physical activity topics.



For more information send the team an email CHAT@northtyneside.gov.uk or call them on 0191 643 7454

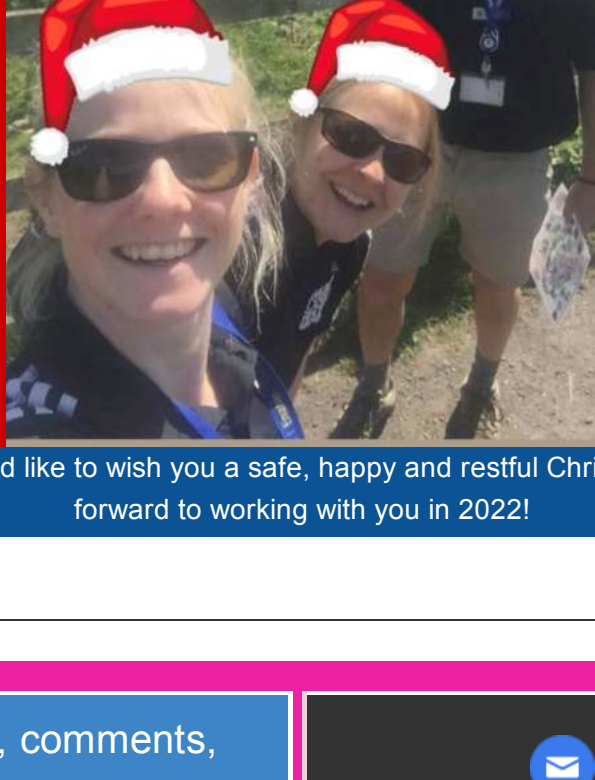
Sportshall Well done & Good Luck!

We would like to congratulate the following schools for their performances at the Sportshall Athletics competitions this term. They will progress to the county finals and represent North Tyneside in January. We would like to wish them the best of luck! #TeamNT.

Category	Schools (finishing in 1st & 2nd respectively)
Yr 5/6 Boys & Girls	Kings Priory & Westmoor Primary
Yr 7 Boys	Valley Gardens Middle & Wellfield Middle
Yr 7 Girls	Wellfield Middle & Valley Gardens Middle
Yr 8 Boys	Kings Priory & Wellfield Middle
Yr 8 Girls	Marden Bridge Middle & Valley Gardens Middle

If any schools who participated in the competitions this term would like more information about how their school performed overall, please contact the team.

Thank you & Happy Christmas all!



The team would like to wish you a safe, happy and restful Christmas. We look forward to working with you in 2022!

Questions, comments, feedback?
We'd love to hear from you!



Visit us online at www.ntgoal.org.uk

