



North Tyneside PE & School Sport Team  
E-Bulletin 2021-2022

## Welcome back

Welcoming to the first edition of the GOAL E-Bulletin. A half termly round up of the latest PE, School Sport & Physical Activity updates and opportunities. These bulletins will highlight & signpost schools to some of the fantastic opportunities that are available & celebrate the ongoing work that is helping to inspire young people to be physical active for life.



## It is great to be back!



We hope that the 2021-2022 academic year has got off to a great start for you & your school!

The team are pleased to be back hosting some face to face events and activities, albeit cautiously. The inclusive Wanderers Association & Northumberland Cross Country events took place last month and our Primary Trail & Challenge events for Year 5 pupil have also proved popular. It's fantastic to see pupils engaging in events and competition again, ensuring young people gain those important positive experiences related to physical activity.

## What does this half term have in store?



### Primary opportunities

- Year 4/5 Trail & Challenge events taking place over 3 days & engaging 15 schools
- Year 5/6 Sportshall Athletics Competitions - 7 events across multiple dates engaging 28 schools

#### CPD

- Primary PE Network session - Wednesday 10th November

This will provide PE Leads with support and guidance for the development and delivery of the subject



### Secondary opportunities

- U14 & U16 Volleyball Central Venue Leagues
- KS3 & KS4 Badminton Central Venue Leagues

These will take place across multiple dates this half term and into the spring term

- Year 7-13 Cross Country Competition
- Year 7 & Year 8 Sportshall Athletics Competitions

Information has already been circulated and as they are popular events on the calendar please make sure your school is signed up!

All events will be continually reviewed, and schools will be kept up to date with any changes as we go forward in this half term. If any schools have any concerns, please do not hesitate to contact the team.

## NORTH TYNESIDE SCHOOL GAMES

### The Class of 2035

The class of 2035 is a landmark policy and research report which explores the role that PE, sport and physical activity can and should play in young people's education and development.

The report presents new insights from school-aged children, explores the forces which will drive change in young people's lives and presents four possible scenarios for how young people's engagement with sport and play may look by 2035.

The best of these scenarios sees every young person empowered through sport, leading to greater participation and improved health and wellbeing as well as driving social mobility and reducing inequality. In the worst-case scenario, a lack of recognition of the importance of sport may lead to greater numbers of young people becoming disengaged, leading to rising inequality and growing health concerns.



Click image to access full report

The Class of 2035 concludes with a number of policy and development recommendations aimed at achieving the best possible future for young people through sport.

[Press Release](#)



## BARCLAYS GIRLS' FOOTBALL SCHOOL PARTNERSHIPS BY ENGLAND FOOTBALL

### #LetGirlsPlay

#### Equal Access to Football in Schools by 2024

Sign up to the Girls Football in School website and access free resources, training opportunities and learn about how you can bring girls' football into your school.

[Visit website](#)

Girls' Football continues to grow and with the Euro's next summer here in England what a great time to get involved. Why not take a look at some of the virtual courses available for staff, to support the delivery in your school.



### Disney Inspired Shooting Stars

Disney Inspired Shooting Stars by England Football has been developed to support the engagement of girls aged 5-11 years old in sport at primary school and in the home through creative play and storytelling.

### Barclays Game On

Barclays Game On, part of England Football is designed to support secondary schools to engage girls in curriculum physical education through a life skills approach, using football as a vehicle.

#### How do I book?

Simply click the images above and you will be directed to the booking links document.

## Community links in North Tyneside

### Handball club for young people aged 3-18



### Junior Badminton opportunities for pupils aged 7-18



### Heaton Hawks Wildcats Girls only Football for 5-11 year olds



### Multi sport after school programme for young people aged 8-13



For further information on days, venues & times as well as how to get young people from your school involved, click on each of the images above.

### Secondary staff CPD Opportunity

#### 1st4sport Introductory CPD Award in Teaching Parkour/Freerunning

A one day training course to enable teachers to bring Parkour to their pupils in PE and in the playground.

- 8 hour training day
- Practical Sessions
- Resource Pack
- 12 week lesson plans

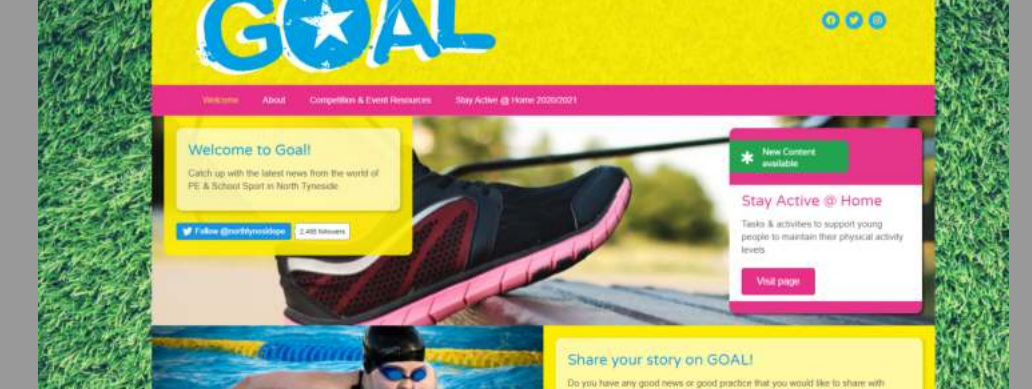
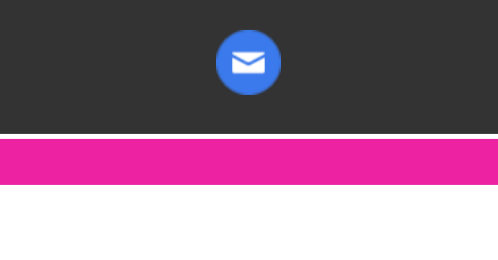


- Wednesday 17th November, 9-5pm @ Gosforth East Middle School - £145 per delegate

- Please email Ian Kendall (Newcastle PE & School Team) for more information

[Ian.Kendall@benfield.newcastle.sch.uk](mailto:Ian.Kendall@benfield.newcastle.sch.uk)

Questions, comments, feedback? We'd love to hear from you!



Visit us online at [nigoal.org.uk](http://nigoal.org.uk)

